



## Summer 2016

*In This Issue*

St. Odilia celebrates five year anniversary

Dementia care at Saint Therese

Saint Therese, donors establish education scholarship

## Transitional Care by Saint Therese Now Open

*Collaboration with North Memorial Medical Center launches*

On March 17, 2016, the new Transitional Care by Saint Therese community began taking patients at the North Memorial Medical Center in Robbinsdale.

Located on the fourth floor, the 32-bed community provides care involving an entire team of care professionals from a variety of departments, working together.

“We are thrilled to be working with the North Memorial Medical Center on this project,” said Saint Therese President and CEO Barb Rode. “The setting is ideal for individuals seeking short-term rehab following a hospital stay.”

Patients receive regular visits from specialized physicians and nurse practitioners, onsite physical, occupational and speech therapists, registered dietitians and pastoral care staff. The team works together with

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*Saint Therese of Woodbury welcomed its first tenant, Ellen Dunteman, on Leap Day 2016.*

## Saint Therese of Woodbury Opens

*As campus opens to first tenants, phase II to begin construction in 2016*

On Leap Day, February 29, 2016, Saint Therese of Woodbury opened its doors and welcomed the first group of tenants to the campus.

Ellen Duntemann was the first official tenant at the campus.

“I am so excited to be here,” she said with a smile. “After two years of talking about it, I’m just glad to be here.”

The opening of the housing portion of the campus is the first step in completing the \$59.5 million project that has been in discussion at Saint Therese for over four years.

“We are excited to offer a wealth of expertise and compassionate care to the individuals and families in Woodbury as they journey through aging,” said Barb Rode, Saint Therese President and CEO.

In addition to senior apartments, the campus features assisted living apartments and memory care, as well as private suites for transitional and long-term care.

The housing options and private suites are connected by a Town Center with conveniences such as a chapel, theater, bistro, beauty/barbershop and much more.

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## Letter from the President & CEO

### Dear Friends and Family,

Thank you for your support of Saint Therese. We continue to strengthen our commitment to the well-being of each individual residing or receiving care at Saint Therese.

Over the last year we have thoroughly reviewed our policies to ensure we are providing the best possible care to the individuals we serve. We have provided our staff with mandatory training in patient care to enhance understanding of care standards for patients with dementia and other concerns that constitute vulnerable adult status.

We are also committed to providing our staff with ongoing educational opportunities that enhance our communication and help us be part of the conversation required to make lasting change in our field.

In January the New Hope campus completed the Minnesota Department of Health annual state survey that examines all aspects of our care and operations. I'm happy to report the survey was one of the best surveys we've had in our history.

As we continue through this journey of understanding and reflection, I want to thank each of you for your commitment and support of Saint Therese.

Warmly,



Barbara A. Rode, LNHA, MS, NCBC  
President & CEO



### MISSION

Saint Therese, a Catholic organization serving seniors of all faiths, is dedicated to the well-being of each individual.

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## Assisted Living & Memory Care now available at the Woodbury Community



### Now Accepting Transitional & Long-Term Care Patients

Located south of Bailey Road and west of Radio Drive, Saint Therese of Woodbury offers a complete continuum of care in a community setting.

To learn more call 651.209.9100  
or visit [www.sttheresemn.org/woodbury](http://www.sttheresemn.org/woodbury)

## Saint Therese at St. Odilia Recognizes Five Year Anniversary

In January of 2011 the doors opened to a small community in Shoreview called Saint Therese at St. Odilia. A departure from Saint Therese's typical 100 to 200 unit apartment buildings, the eight-bed St. Odilia campus was created to be a small intimate community focused solely on palliative care and end-of-life services.

Five years later, the community is flourishing, supporting more and more individuals seeking compassionate care in a peaceful, comforting environment.

"I am incredibly proud of the care and love that the staff at the St. Odilia campus have provided to individuals and families in the Twin Cities," said Saint Therese President and CEO Barb Rode. "We are honored and humbled to serve individuals and their families during some of the most precious moments in their lives."

Over the last five years Saint Therese at St. Odilia has served over 330 individuals. Whether the individual stayed for 24 hours or four years, their presence remains in the memories and lives of the staff who cared for them.

### Fully Embraced

Located on the St. Odilia Catholic Church campus, Saint Therese at St. Odilia has been uplifted and embraced by the parish and its parishioners.

Over the years parishioners have been instrumental in projects with the Saint Therese community including landscaping the front entry way, cleaning the house and providing donations for new equipment.

Children from the school located across the parking lot visit with residents, especially around the holidays to sing carols and share their stories.

"We are thankful for the harmonious working relationship we have with the St. Odilia church," said Jolene Baker,

Director of Saint Therese at St. Odilia. "We are grateful to be located in such an ideal community and we look forward to many more years of active ministry in this parish."

To learn more about the Saint Therese at St. Odilia community call 651.842.6780 or visit [www.sttheresemn.org/stodilia](http://www.sttheresemn.org/stodilia).



## Unwavering Support

*Board Members provide expertise, insight for Saint Therese organization*

The Saint Therese organization is supported by the commitment and dedication of a small group of individuals – the Saint Therese Foundation Board of Directors.

Acting as volunteers, these individuals give their unwavering support by providing Saint Therese with their personal knowledge and professional expertise. Saint Therese board members bring with them diverse backgrounds in a number of industries and a variety of positions including banking, education, marketing, health care, horticulture, finance/accounting, information technology, ministry and many others.

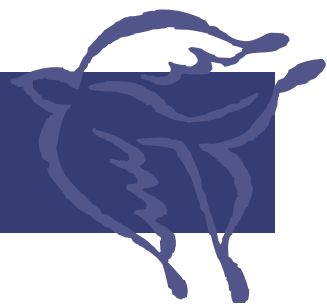
"I am thankful for to the commitment of these individuals," said Saint Therese President and CEO Barb Rode.

Some board members have known about the Saint Therese organization for 20 or more years, while others just two or three years. Some board members are former family members whose loved ones lived on a campus, while others only know Saint Therese by name.

Last year Saint Therese said farewell to a few long-standing board members who retired from the board: Richard Theilmann, Pat Boran and Joseph Amberg, M.D.

Over the course of the last year we welcomed Ann Tinucci Anderson, Rita Degnan, Brian McDonald, Terri McEnaney, Steve Meads, Marcia Sutherland, Caren Gaytko, Michael Warren and Tom Schmitt to the board.

"Saint Therese has always been supported by exceptional board members," said Rode. "I am always saddened when someone leaves the board, but am incredibly grateful for their service. I am excited by the new members who have joined our team and I look forward to many great initiatives we will tackle together."



# Transitional Care by Saint Therese Now Open

*Collaboration with North Memorial Medical Center launches*

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each individual and their family to fulfill personal needs and goals.

Patients also receive a full continuity of care being connected to the North Memorial Medical Center and receive priority to other Saint Therese communities if needed.



### **A Change of Scenery**

The concept is a new endeavor for Saint Therese. All other Saint Therese transitional care units (TCU) are located within a care center, sharing space with other

more long-term skilled cares.

“It’s a unique opportunity for individuals seeking skilled nursing care, but not in a traditional nursing home setting,” said Clinical Director Zaneeta Best.

Best said patients who have inquired and been admitted to the campus are typically looking for a nontraditional stay.

“I hear a lot of patients say ‘I’m not old enough for the nursing home,’” said Best. “And not everyone is right for a traditional nursing home stay; others prefer a different experience and now Saint Therese can provide them that opportunity.”

Rode agrees saying being on the North Memorial Medical Center campus helps to alleviate concerns the baby boomer generation has when choosing the right place to recover from their elective surgeries.

“We have a responsibility to respond to the needs and wishes of our patients,” said Rode. “The project at North Memorial Medical Center gives the opportunity to provide a healing environment conducive for focused rehabilitation in a setting that is not in a nursing home.”

### **Rehab Focused**

With therapy offered seven days a week by certified and highly-trained therapists, Transitional Care by Saint Therese provides care to individuals recovering from surgery, illness or needing injury focused rehabilitative care.

“From the moment a patient begins their stay, we are preparing them to return to their active lifestyles,” said Amy Taylor-Greengard, Executive Director of Saint Therese Rehab. “Working together with nursing, our therapists create and facilitate focused care plans to promote optimal outcomes in a short span of time.”

The estimated length of stay for the average patient at the TCU is 5 to 14 days.

Saint Therese Rehab offers traditional therapies including physical, occupational and speech, as well as specialized programming dedicated to balance, cognition and continence.

Transitional Care by Saint Therese has made slight changes in its approach to everyday events to ensure patient care is streamlined and opportunities for recovery are maximized.

For instance, patients admitting to the TCU typically receive their first rehab assessment within two hours of arriving. Instead of escorting patients to and from the dining room, patients in the TCU have the opportunity to eat in their rooms, maximizing their time for therapy and recovery. Transportation of the patient becomes less of an issue for families too, as the TCU is onsite at the medical center campus.

Patients participate in their discharge planning and are supported by ongoing educational opportunities, including videos provided on their in-room television.

“We understand that often times a hospital stay can be a huge distraction from everyday living, so we wanted to develop a community that could streamline care,” said Best. “If an individual wants to simply focus on their recovery and not be distracted by a community living setting, we can provide that to them.”



To learn more about Transitional Care by Saint Therese call 763.581.8469 or visit [www.sttheresemn.org/robbinsdale](http://www.sttheresemn.org/robbinsdale).

# Enhancing Education While Honoring Staff

*Donors establish educational scholarship in honor of beloved therapist*

Saint Therese serves nearly 1,000 people each day. Many of those individuals are supported by the efforts and expertise of the rehab division of Saint Therese called Saint Therese Rehab (STR).

Mark Stanfield was a physical therapist for STR at the Saint Therese of New Hope campus. He began his career at Saint Therese in August 2007; he was hired as a physical therapist to support the development of the Better Balance for a Better Life program.

“Mark was adored by residents, tenants and staff,” said Amy Taylor-Greengard, Executive Director of Saint Therese Rehab. “His easy going attitude and commitment to physical therapy made him a favorite among many at Saint Therese.”

Mark supported a variety of patients as they recovered from illness, injury or surgery. He was instrumental in establishing the therapy clinic in the apartment building at New Hope. Mark made a difference in so many ways, to so many lives, as he took the time to make sure each individual he worked with felt heard and that their concerns were addressed.

Tragically, in the summer of 2015, STR therapist Mark Stanfield unexpectedly passed away.

As the Saint Therese community mourned the loss of their therapist, co-worker and friend, the wheels began turning on the best way to memorialize Mark’s commitment to physical therapy, seniors and personal development.

## **Mark’s Legacy**

Taylor-Greengard shared that Mark was always looking for ways to improve the rehabilitation experience for residents and tenants through education, “the education of his own interest, of his fellow therapists and of the individuals and families he served,” she said.

“When we started receiving memorial gifts in honor of Mark we knew we wanted to do something special; something Mark would have wanted,” said Taylor-Greengard. “We wanted to recognize his dedication and commitment to professional development.”

Therefore, the Saint Therese Foundation along with generous support from Mark’s family, the Mark Stanfield Memorial Scholarship was established, shortly after his death.

Candidates for the Mark Stanfield Memorial Scholarship must be full-time therapists at Saint Therese Rehab in

physical, occupational or speech therapy.

Recipients are nominated by their

peers as someone

who emulates Mark’s commitment to serving others by providing an exceptional level of compassionate care, as well as a drive for continued excellence in their field over the past year.

“We’ve chosen to award one recipient each October for at least the next 10 years,” said Taylor-Greengard. “The therapist will receive a \$500 scholarship to be applied toward continuing education in their area of interest.”

Additionally, each recipient’s name and year awarded, will be engraved on a plaque showcased in the rehab gym at the New Hope and Oxbow Lake campuses.

## **The First Recipient**

In October of 2015 the Saint Therese Foundation awarded the first recipient of the award: Iva Carey. With 30 years of dedication to her profession, Iva delivers quality, compassionate and personalized physical therapy to those in need.

According to the STR staff, Iva has demonstrated her commitment to providing superior care by earning her certification in NDT (Neuro-Development Technique) and by becoming a Geriatric Clinical Specialist. Additionally, she serves as STR’s Clinical Mentor for the University of Minnesota’s Geriatric Clinical Residency program as well as operating as the lead physical therapist at New Hope.

“Iva consistently goes the extra step to support patients and other therapists to ensure the best outcome possible and states she ‘really enjoys her patient care time,’” said Taylor-Greengard.

Iva plans to use her scholarship to pursue additional education related to treatment of neurological disorders and treatment of balance disorders.

“We are just thrilled to be able to offer this scholarship in memory of Mark,” said Taylor-Greengard. “We truly believe he would be proud knowing others will carry on his commitment to our field.”

If you would like more information about the Mark Stanfield Memorial Scholarship call 952.283.2217.

To learn more about Saint Therese Rehab visit [www.sttheresemn.org/str](http://www.sttheresemn.org/str).



## Meeting a Growing Need

*Saint Therese enhances support of individuals with dementia-related diseases*

We have all seen the statistics from the Centers for Disease Control and Prevention: over 5.3 million Americans are affected by Alzheimer's disease with the number rising to 10 to 12 million by 2050.

With such overwhelming numbers and no cure on the horizon, many senior care organizations are seeking ways to enhance the care they provide to individuals who are experiencing dementia-related symptoms and Alzheimer's disease.

Guided by the support of the board of directors, Saint Therese created a dementia task force to find a way to enhance the everyday care employees provide to individuals who may be experiencing a cognitive decline. Because symptoms begin to show nearly 10 years before an actual diagnosis, the task force realized many individuals who needed support weren't necessarily living in a memory care unit.

"Every Saint Therese employee interacts with individuals who may be experiencing a dementia-related disease," said Saint Therese President and CEO Barb Rode. "From maintenance fixing a thermostat in an apartment to a nursing assistant escorting a patient to Mass, we all interact with someone who has a form of dementia."

The task force decided the best place to start was to train all Saint Therese employees, over 1000 of them, on how to support individuals with symptoms of dementia.

### **A Paradigm Shift to a Proactive Approach**

Dementia Capable Care training teaches staff to focus on the best abilities of the patient; to adjust daily interactions and the delivery of care to enhance those abilities.

"Instead of focusing on the negative and trying to 'fix' it, we are teaching staff to acknowledge the skills the patient has and build the support from there," said Dinah Martin Kmetz, Campus Administrator at Saint Therese of New Hope.

All staff initially attend an eight-hour training session that includes information on the basic types of dementia, including symptoms and how to recognize them, stages of dementia and assessment tools available to identify the approach of care needed.



Then staff learn how to take a proactive approach to symptoms related to dementia that results in challenging behaviors. Using one-to-one role playing scenarios, one person acts as a patient with dementia while the other person is the caregiver tasked with learning about the patient to appropriately interact in a way that promotes their abilities.

"The role playing activity really puts the information into practice," said Anne Marie Bartlett, a Dementia Capable Care trainer. "Staff are challenged to change their method of communication and delivery of care when they take the time to understand the individual from their perspective. It's an eye-opening experience for everyone."

### **Dementia Friendly**

Training staff is just one step in the process to enhance the care we provide.

The New Hope campus recently secured and made several aesthetic changes to their memory care neighborhood through the support of donors. Other communities are currently seeking donations for dementia care related activities and equipment for individuals to use in their care plans.

"In addition to quarterly educational opportunities and monthly activities, staff will be required to attend annual training sessions to continue exploring effective and appropriate methods of care," said Martin Kmetz.

Rode added "...and beyond our staff, Saint Therese sees an opportunity to engage with our local communities to offer training and support to business owners, schools and civic groups. Maybe one day the communities we support will be considered dementia friendly."

# Honoring Youth Volunteers

*Saint Therese promotes intergenerational relationships with education scholarships*

On April 12, Saint Therese hosted a celebration to honor youth volunteers at the Saint Therese at Oxbow Lake campus in Brooklyn Park. Over 30 people attended the event that recognized four recipients who have made older adults a priority in their lives. Attendees of the event had the opportunity to meet the outstanding youth and hear a portion of their essays.

In 2012, the Youth Volunteer Scholarship was created to recognize intergenerational relationships and encourage youth to engage with older adults. Engaging youth volunteers 12 to 18 years old, the contest invited young people who volunteered 20 hours or more to submit a written essay demonstrating how volunteering with older adults impacted their life.

“The youth volunteer scholarship was created in an effort to both recognize these youth and highlight the profound effect volunteering has on all those involved,” said Saint Therese President and CEO Barb Rode.

A committee of Saint Therese friends and families judged the submissions and chose four recipients to be honored. Each student was awarded a \$1,500 educational scholarship for their essay about community involvement.

“We received many wonderful essays. Students are truly recognizing the wisdom and gifts seniors can offer to each and every generation,” said Rode.

Saint Therese is grateful for the time and commitment of all volunteers. The organization was happy to recognize the youth volunteers during Volunteer Appreciation Month in April. A special thank you to *The Catholic Spirit*, which was the Media Partner for the event.

## **Volunteer today, earn a scholarship later**

Summer vacation is a perfect time for youth to volunteer with seniors and earn hours to be eligible to participate in the Youth Volunteer Scholarship.

Volunteer at a local senior care community, offer to do yard work for older adults in the neighborhood or even spend some one-on-one time with grandparents. Each hour brings youth one step closer to earning an education scholarship for the future.

To learn more about the scholarship visit [www.sttheresemn.org/youth-scholarship](http://www.sttheresemn.org/youth-scholarship) or call 952.283.2210.



*Congratulations to the 2016 Youth Volunteer Scholarship award winners (left-right): Lucas Robinson, Rockford, MN, Nathan Varvel, Bloomington, MN, Francis Floeder, Shoreview, MN, and Madison Renberg, Hudson, WI.*

# Making Connections to Support Community Seniors

*Expanding Care Coordination program empowers parishes, parishioners to age well*

What once started as an idea to help individuals and their families in local parishes to age well, Care Coordination is now a flourishing network of volunteers and services supporting aging adults.

Over three years ago Saint Therese launched a new program to support individuals and families in parishes throughout the west metro to age well. The program was created to support local parishes on issues facing their senior members and to be used as an additional connection for the staff, the seniors and their families.

Leading the effort from the beginning is the Director of Care Coordination, Anne Marie Bartlett. A former pastoral minister and a current licensed social worker, Bartlett supports individuals and families in local parishes with caregiver support, health care, housing and financial resource information.

“There are so many wonderful volunteers who are looking to make a difference in their parish and their community,” said Bartlett. “I began to offer training to some of the parishes for volunteers who expressed interest in reaching out to seniors.”

Using the Ministry to Vulnerable Adult training that was established through the Association of Pastoral Ministers in the Archdiocese, Bartlett has placed volunteers for a variety of reasons and timelines that work for the senior and the volunteer.

“The work began with five parishes in the northwest metro and over the years calls have come in from more than a dozen parishes looking for help of some kind,” said Bartlett.

Bartlett connects with parishes by serving as a direct resource for individuals seeking support. Parishes do not pay for the support they receive from Bartlett; it is a free program offered by Saint Therese as part of our mission.

“I receive a variety of calls each day from people who simply are looking for a place to start,” Bartlett said. “They know someone or they themselves need support but don’t know where to begin and what they exactly need.”

Bartlett added that sometimes her role is to connect one individual who needs a little help with a volunteer who is looking to offer some help. Other times she simply provides a listening ear to an individual who is struggling to take the next step; whatever that step may be.

## **Cleaning in the Middle**

One afternoon Bartlett received a phone call from a woman who had recently learned about the care coordination program at her parish.

“This lovely woman left me a message and identified herself as a ‘96 year-old senior who could only clean in the middle’ and needed someone who could come and help her with the places she could no longer manage,” said Bartlett smiling. Bartlett had recently hosted a volunteer training at another local parish and reached out to a new volunteer who had mentioned she would be interested in helping with house cleaning.

“The match was made and the cleaning was accomplished,” said Bartlett. “We were able to connect this woman with the support she needed when she needed it.”

Another family contacted Bartlett because they were worried their dad was lonely, as he was alone all day long. His driving abilities had changed and the opportunities for him to get out of the house became few and far between.

“I reached out to this man’s parish and individuals who had gone through the training and asked if anyone was interested in taking a more active role in this senior’s life,” Bartlett said. “A wonderful volunteer came forward and now visits with this man weekly to play card games, enjoy a good meal and great conversation.”

For Bartlett the response from volunteers has been heart-warming and the need from parishes has been eye-opening.

“Each day I see first-hand how care coordination can make a real difference in our communities,” said Bartlett. “Each day I learn how a bit of support can keep an individual in their home, active and independent and offer peace of mind to the family.”

The experience has been so well-received that the care coordination program is looking to add another staff member to support the program.

Bartlett said more and more parishes are looking for ways to best serve their congregations. Saint Therese wants to work together with them to address the needs and support seniors in these congregations. With Saint Therese expanding into the Woodbury area, Bartlett has already received phone calls from parishes seeking training and volunteer support for their seniors.

“There is such a need out there for support to individuals who may need a bit of assistance in their daily lives,” said Bartlett. “You cannot put a price on the value of these types of visits or tasks being accomplished. It truly changes the lives of the individuals and their families.”

To learn more about the care coordination program or open position call 952.283.2207 or visit [www.sttherese.org/care-coordination](http://www.sttherese.org/care-coordination).



# Saint Therese Foundation 26th Annual Associate Dinner

On October 1, 2015, guests gathered to celebrate Saint Therese care and communities. The 26th anniversary of the Associate Dinner fell on the Feast of St. Therese of Lisieux, our namesake.

During the evening's program, we recognized the work and dedication of Saint Therese founders Jerry and Ursula Choromanski who passed away one week apart in July 2015. And guest speaker Jolene Baker, Saint Therese Executive Director of Organization Learning and Development and Director of Saint Therese at St. Odilia, shared how the Caring Fund benefited a family at Saint Therese of St. Odilia.

Thanks to the generosity of our donors, sponsors and attendees, nearly \$70,000 was raised in support of the Caring Fund at Saint Therese. As our residents and tenants age in place, many find they are outliving their resources. The Caring Fund at Saint Therese was created to assist those individuals so they can remain in their home. The fund is supported by private donations to help cover the cost of care.

## Thank You Sponsors!

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- Marcia and John Duffy
- Essential Decisions, Inc.
- Kym Fisher
- Dinah Martin Kmetz
- Doug and Pat Lewis
- C.S. McCrossan
- Newinski Brothers
- North Memorial Health Care
- Barb Rode
- St. Thomas the Apostle,
- Ss. Peter and Paul and Church of St. Anne

**Save the date!**

2016 Associate Dinner  
Thursday, October 6, 2016  
Marriott Minneapolis West, St. Louis Park

# Saint Therese of Woodbury Opens

*As campus opens to first tenants, phase II to begin construction in 2016*



*continued from page 1*

Adjacent to the Town Center is a state-of-the-art wellness center that provides therapy and fitness options through special programming. The wellness center also features a warm-water aquatic therapy pool with open swim, independent and group fitness classes available.

## **Building a Community**

Since February, tenants have moved into nearly all the 102 independent apartments. Starting in June assisted living tenants began moving into their apartments, now in July individuals seeking memory care will be able to settle into their new home as well. Both assisted living and the memory care apartments have openings for individuals seeking a little bit of extra support in their daily lives.

“We are thrilled to have nearly all our tenants moved into their apartments,” said Campus Administrator Karrie Tipler. “We’ve held a variety of events and activities in the past couple of months and have started to see the community really come together.”

Tenants have enjoyed happy hour celebrations and “Bob Ross-esque” painting classes as well as fitness and wellness center classes.

Saint Therese Rehab held an open house event in April where each tenant and some family members attended to learn more about the wellness center and future opportunities that will be available. Monthly rent includes a wellness center membership that provides tenants with the equipment and resources to continue living their active, healthy lifestyle.

“With a fitness assessment, tenants are free to explore the entire wellness center,” said Executive Director of Saint Therese Rehab, Amy Taylor-Greengard. “We have state-of-the-art equipment tailored to the needs of older adults who are interested in land or water activities.”



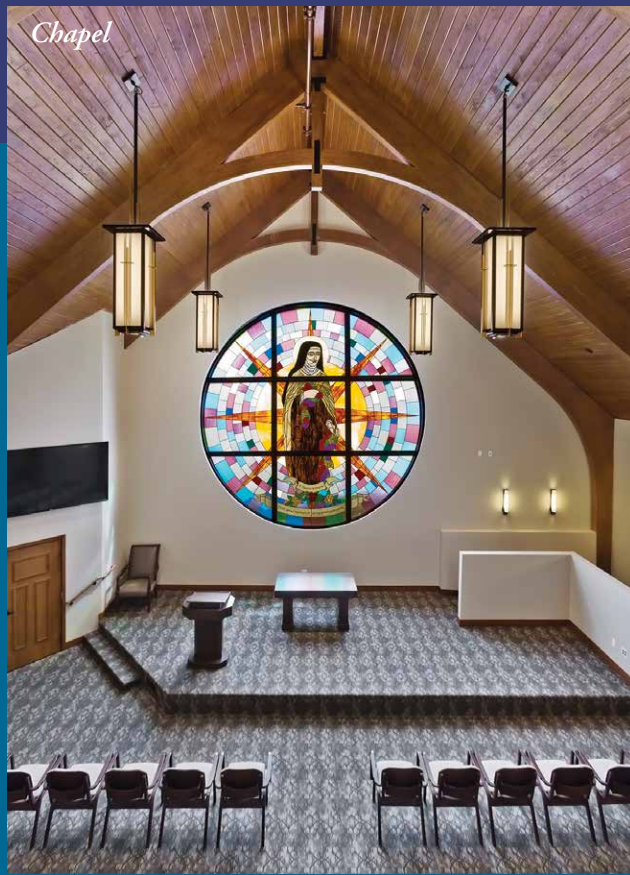
Later this summer Saint Therese will launch the second phase of the project named The Redwoods. An additional 64 high-end apartments will be built adjacent to the current campus and is expected to open in 2017.

Underwriting for the \$59.5 million project is provided by Ziegler. Other partners of the project include: Essential Decisions Inc., Growth Resource Partners, InSite Architects and CBS Construction Services Inc.

To learn more about the Saint Therese of Woodbury community visit [www.sttheresemn.org/woodbury](http://www.sttheresemn.org/woodbury) or call 651.209.9100.



## The Redwoods to Open 2017



In summer 2016 Saint Theresse will launch phase II of the Saint Theresse of Woodbury campus: The Redwoods.

“As we were building the main campus at Woodbury, we found a large amount of interest in senior apartments,” said Barb Rode, Saint Theresse President and CEO. “As we continued building and the main campus began to take shape, the more interest we gained.”

Therefore, Saint Theresse decided to launch phase II of the project sooner than anticipated.

“There is certainly a need for Catholic senior care in the east metro and we are honored to be able to provide that care and support,” Rode said.

The Redwoods will sit adjacent to the main campus and will feature 64 senior apartment homes. One and two bedroom deluxe apartments will be available for individuals seeking maintenance-free living, knowing support is available if needed.

The building will feature its own community room and club room for tenants to entertain their family and friends. Many of the apartments on the first floor feature walk-up patios with an outdoor entrance. Many of the apartments on the second floor feature a deck.

“Tenants who reside at The Redwoods will have full access to amenities at the main campus including the wellness and fitness center,” said Angela Regan, Marketing Advisor. “They will also receive priority placement when or if more care is needed in the future.”



To learn more about The Redwoods call 651.209.9132 or visit [www.sttheresemn.org/woodbury](http://www.sttheresemn.org/woodbury).



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## Golf Open – Register Now!

*Join us for the Inaugural  
Saint Therese Foundation Golf Open*

Thursday, August 18, 2016  
12 p.m. shotgun start  
Oak Marsh Golf Club, Oakdale

Inaugural Rate: \$125 per golfer

Visit [sttheresemn.org/  
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call 952.283.2216.

