

October 2024 Independent & Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 10:30 Scooter Visits 10:30 Prize Bingo (AL 3) 1:00 Crafters Happy Hour (IL DR) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage 2:15 Aquafit/Open Swim 3:00 1 st Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	2 9:00 Mystic Lake Casino 9:30 Mass (CH) 11:00 Better Balance (IL DR) 12:30 Bridge (IL DR) 1:00 Trivia (AL 3) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	3 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Music w/ Bjorn 2:45 Happy Hour (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	4 9:30 Mass (CH) 10:30 Rummikub (AL 3) 11:00 Better Balance 1:00 Movie Matinee: Dog Done © 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming (CR) 4:30 Rosary (CH)	5 1:00 500 (IL DR) 1:00 Bridge (IL DR)
6 10:30 Mass (CH) 1:00 Mexican Train (2 CR) 1:00 500 (CR)	7 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 11:00 Better Balance (IL DR) 1:30 Photography with Mike Hazard (ILDR) 2:15 Aquafit/Open Swim 3:00 Bible Study (CH) 4:30 Rosary (CH) 4:45 Tech Support (B)	8 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 10:30 Scooter Visits 10:30 Prize Bingo (AL 3) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage 2:15 Aquafit/Open Swim 2:30 IL & AL Tenant Meeting (CH) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	9 9:30 Mass (CH) 11:00 Better Balance (IL DR) 12:00 Lunch Outing: Culvers 12:30 Bridge (IL DR) 1:00 Music w/Kristin (AL Lib) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	10 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Music w/ Rockin' Woody 2:45 Happy Hour (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	11 9:30 Mass (CH) 10:30 Pokeno (AL 3) 11:00 Better Balance 1:00 Movie Matinee: Penguin Bloom © 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim (P) 3:15 Cardio Drumming (CR) 4:30 Rosary (CH)	12 10:00 Men's Coffee (B) 10:00 Women's Coffee (ILDR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: True Spirit ©
13 10:30 Mass (CH & 1-3) 1:00 Mexican Train (2 CR) 1:00 500 (CR)	14 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 11:00 Better Balance (IL DR) 1:00 Rummikub (CR) 2:15 Aquafit/Open Swim 3:00 Bible Study (CH) 4:30 Rosary (CH)	15 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 10:30 Scooter Visits 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage 2:15 Aquafit/Open Swim (P) 3:00 2 nd Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	16 9:30 Mass (CH) 10:15 IL Culinary Meeting (IL DR) 11:00 Better Balance 12:00 Lunch Outing: China Hope 12:30 Bridge (CR) 1:00 Trivia (AL Lib) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	17 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Music w/ J&J Music 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	18 9:30 Mass (CH) 10:30 Rummikub (AL 3) 11:00 Better Balance 1:00 Movie Matinee: Tyson's Run © 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim (P) 3:15 Cardio Drumming (CR) 4:30 Rosary (CH) 7:00 Evening Social (CR)	19 10:30 Story Tellers (CR) 1:00 500 (CR) 1:00 Bridge (IL DR)

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20 10:30 Mass (CH & 1-3) 1:00 Mexican Train (CR) 1:00 500 (CR)	21 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 11:00 Better Balance (IL DR) 2:15 Aquafit/Open Swim 3:00 Bible Study (CH) 4:30 Rosary (CH) 4:45 Tech Support (B)	22 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 10:30 Scooter Visits 10:30 Prize Bingo (AL 3) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage (CR) 2:15 Aquafit/Open Swim (P) 3:00 3 rd Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	23 9:30 Mass (CH) 10:15 AL Culinary Meeting (AL DR) 11:00 Better Balance (ILDR) 12:00 Lunch Outing: La Casita 12:30 Bridge (IL DR) 1:00 Music w/Kristin (AL Lib) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	24 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Music w/ Todd Anderson as Neil Diamond 2:45 Cake & Coffee (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	25 9:30 Mass (CH) 10:30 Pokeno (AL 3) 11:00 Better Balance 1:00 Movie Matinee: Where the Track Ends © 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim (P) 3:15 Cardio Drumming (CR) 4:30 Rosary (CH)	26 10:00 Men's Coffee (B) 10:00 Women's Coffee (IL DR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: Walk, Ride, Rodeo ©
27 10:30 Mass (CH & 1-3) 1:00 Mexican Train (CR) 1:00 500 (CR)	28 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 11:00 Better Balance (IL DR) 2:15 Aquafit/Open Swim 3:00 Book Club (AL 3) 3:00 Bible Study (CH) 4:30 Rosary (CH)	29 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 10:30 Scooter Visits 10:30 Prize Bingo (AL 3) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage (CR) 2:15 Aquafit/Open Swim (P) 3:00 3 rd Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	30 9:30 Mass (CH) 10:15 AL Culinary Meeting (AL DR) 11:00 Better Balance (ILDR) 12:00 Lunch Outing: La Casita 12:30 Bridge (IL DR) 1:00 Trivia(AL LIB) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	 31 HALLOWEEN 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Music w/ Van & Kathy Nixon 2:45 Cake & Coffee (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)		
		<p style="text-align: center;">Please sign up for activities at the Receptionist's Desk as spaces are limited!</p> <p style="text-align: center;">Fitness classes are highlighted in blue. If you have any questions, please call x7033</p>	<p>Program Locations</p> <ul style="list-style-type: none"> (AL 3) AL 3rd floor Activity Room (AL Lib) AL 2nd floor Library (B) Bistro (C) Cinema (CH) Chapel (CR) Club Room (2 CR) 2nd floor Club Room (IL DR) IL Dining Room (S) Studio (P) Pool 	<p>Brooklyn Park Runs: Cub, Ike's & Hy-Vee</p> <p>Maple Grove Runs: Kohls, Cub, Michaels, Barnes & Noble</p> <p>Champlin Runs: Goodwill, Target, Cub, Walgreens, Aldi, Dollar Tree</p>	<p style="text-align: center;">Please note all activities are subject to change. Please check daily calendars located throughout the community for changes</p>	