


July 2024 Independent & Assisted Living



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|--|
| | 1 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 10:30 Prize Bingo (AL 3) 11:00 Better Balance (IL DR) 2:15 Aquafit/Open Swim (P) 3:00 Bible Study (CH) 4:30 Rosary (CH) 4:45 Tech Support (B) | 2 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 1:00 Crafters Happy Hour (IL DR) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage 2:15 Aquafit/Open Swim (P) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 3 9:30 Mass (CH) 11:00 Better Balance (IL DR) 12:00 Lunch Outing: Carol's 12:30 Bridge (IL DR) 1:30 Rockin' the 4 th w/The Flora's 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH) | 4  | 5 9:30 Mass (CH) 10:30 Pokeno 11:00 Better Balance 1:00 Movie Matinee: Rescued by Rudy 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming (CR) 4:30 Rosary (CH) | 6 1:00 500 (IL DR) 1:00 Bridge (IL DR) |
| 7 10:30 Mass (CH) 1:00 Mexican Train (2 CR) 1:00 500 (CR) | 8 9:30 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 10:30 Prize Bingo (AL 3) 11:00 Better Balance (IL DR) 2:15 Aquafit/Open Swim (P) 3:00 Bible Study (CH) 4:30 Rosary (CH) | 9 9:30 Balloon Volley (S) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage 2:15 Aquafit/Open Swim 2:30 IL & AL Tenant Meeting (CH) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 10 9:30 Mass (CH) 11:00 Better Balance (IL DR) 12:00 Lunch Outing: Culvers 12:30 Bridge (IL DR) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH) | 11 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Music w/Thomas & James (IL DR) 2:45 Happy Hour (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 12 9:30 Mass (CH) 10:30 Pokeno (AL 3) 11:00 Better Balance 1:00 Movie Matinee: The Miracle Club 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim (P) 3:15 Cardio Drumming (CR) 4:30 Rosary (CH) | 13 10:00 Men's Coffee (B) 10:00 Women's Coffee (ILDR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: Barbra |
| 14 10:30 Mass (CH & 1-3) 1:00 Mexican Train (2 CR) 1:00 500 (CR) | 15 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 11:00 Better Balance (IL DR) 1:30 AARP: Protect Yourself from Fraud & Identity Theft (IL DR) 2:15 Aquafit/Open Swim (P) 3:00 Bible Study (CH) 4:30 Rosary (CH) 4:45 Tech Support (B) | 16 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 1:00 Crafters Happy Hour (IL DR) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage 1:30 Saint Therese of Woodbury Choir Concert (IL DR) 2:15 Aquafit/Open Swim (P) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 17 9:30 Mass (CH) 10:15 IL Culinary Meeting (CR) 11:00 Better Balance 12:00 Lunch Outing: Red Lobster 12:30 Bridge (CR) 1:00 Music with Kristin 2:00 Ascend Rehab Presentation (IL DR) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH) | 18 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 Trivia Show with Miss Jill (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 19 9:30 Mass (CH) 11:00 Better Balance 1:00 Movie Matinee: My Father Violin 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming (CR) 4:30 Rosary (CH) 7:00 Evening Social (CR) | 20 9:30 Blood Pressure Checks (B) 10:30 Story Tellers (CR) 1:00 500 (CR) 1:00 Bridge (IL DR) 1:00 AL Bingo with Katie & Diane (AL 3) |

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|--|--|--|---|---|---|---|
| 21 10:30 Mass (CH & 1-3) 1:00 Mexican Train (CR) 1:00 500 (CR) | 22 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 10:30 Prize Bingo (AL 3) 11:00 Better Balance (IL DR) 2:15 Aquafit/Open Swim (P) 3:00 Bible Study (CH) 4:30 Rosary (CH) | 23 9:00 Maple Grove Runs 9:30 Balloon Volley (S) 10:00 Wii Bowling vs. Trillium Woods 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage (CR) 2:15 Aquafit/Open Swim (P) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 24 9:30 Mass (CH) 10:15 AL Culinary Meeting (AL Dining Room) 11:00 Better Balance (ILDR) 1:00 Christmas in July w/National Grid & HOTC (IL DR) 3:15 Card Bingo (\$\$) (CR) 4:30 Rosary (CH) | 25 9:30 Donuts & Devotions (CR) 10:00 Champlin Runs 11:00 Protestant Service (CH) 1:30 July Birthday Party w/Jenni Thyng 2:45 Cake & Coffee (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 26 9:30 Mass (CH) 10:30 Pokeno (AL 3) 11:00 Better Balance 1:00 Movie Matinee: Holiday in the Wild 1:00 AL Fitness (AL 3) 2:15 Aquafit/Open Swim (P) 3:15 Cardio Drumming (CR) | 27 10:00 Men's Coffee (B) 10:00 Women's Coffee (IL DR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: I Can Only Imagine |
| 28 10:30 Mass (CH & 1-3) 1:00 Mexican Train (CR) 1:00 500 (CR) | 29 9:00 Brooklyn Park Runs 9:30 Mass (CH) 10:00 Wii Bowling (CR) 10:30 Prize Bingo (AL 3) 11:00 Better Balance (IL DR) 2:15 Aquafit/Open Swim (P) 3:00 Bible Study (CH) 4:30 Rosary (CH) 4:45 Tech Support (B) | 30 9:00 Maple Grove Runs 9:00 Advanced Hearing (B) 9:30 Balloon Volley (S) 1:00 AL Fitness (AL 3) 1:00 500 & Cribbage (CR) 2:15 Aquafit/Open Swim (P) 3:00 Book Club (AL 3) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR) | 31 9:30 Mass (CH) 11:00 Better Balance 12:00 Lunch Outing: 5-8 Grill 12:30 Bridge (IL DR) 1:00 Music with Kristin 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH) | | | |
| | | Please sign up for activities at the Receptionist's Desk as spaces are limited! Fitness classes are highlighted in blue. If you have any questions, please call x7033 | Program Locations (AL 3) AL 3 rd floor Activity Room (AL Lib) AL 2 nd floor Library (B) Bistro (C) Cinema (CH) Chapel (CR) Club Room (2 CR) 2 nd floor Club Room (IL DR) IL Dining Room (S) Studio (P) Pool | Brooklyn Park Runs: Cub, Ike's & Hy-Vee Maple Grove Runs: Kohls, Cub, Michaels, Barnes & Noble Champlin Runs: Goodwill, Target, Cub, Walgreens, Aldi, Dollar Tree | Please note all activities are subject to change. Please check daily calendars located throughout the community for changes | |