


# July 2024 Care Suites Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:30 Daily Chronicles 9:30 Mass (CH) 9:45 Sit & Be Fit 12:00 Lunch 2:00 Dancing w/Nico 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>2</b> 8:00 Breakfast 10:30 Gratitude Calendar 10:45 Balloon Volley 11:15 Good Morning Greetings 12:00 Lunch 1:00 1:1's with Christine 2:30 Cardio Drumming 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>3</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:30 Mass (CH) 9:30 Trivia (RH) 10:00 Wednesday Webcam (RH) 12:00 Lunch 1:45 Music with Kristin 3:00 Root Beer Float Social 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>4</b> 	<b>5</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Devotions 10:45 AM Stretch & Kick Ball 11:15 Good Morning Greetings 12:00 Lunch 2:30 Fireside Stories 4:30 Rosary (CH) 5:00 Dinner	<b>6</b> 8:00 Breakfast 10:30 IN2L Fun with NAR's 12:00 Lunch 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's 5:00 Dinner
<b>7</b> 8:00 Breakfast 10:30 Mass (TV 1-3) Communion 12:00 Lunch 3:30 Afternoon Snacks with NAR's 5:00 Dinner	<b>8</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:30 Daily Chronicles 9:30 Mass (CH) 9:45 Sit & Be Fit 12:00 Lunch 1:00 Bucket of Beans 2:00 Karaoke with Nico 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>9</b> 8:00 Breakfast 10:30 Gratitude Calendar 10:45 Balloon Volley 11:15 Good Morning Greetings 12:00 Lunch 2:30 Cardio Drumming 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>10</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:30 Mass (CH) 9:30 Trivia (RH) 10:00 Wednesday Webcam (RH) 12:00 Lunch 1:45 Music with Kristin 3:00 Name the Food 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>11</b> 8:00 Breakfast 9:15 Daily Chronicles 9:30 Color by Number 10:00 Good Morning Greetings 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Music w/Thomas & James (ILDR) 2:45 Happy Hour 4:30 Rosary 5:00 Dinner	<b>12</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Devotions 10:45 AM Stretch & Kick Ball 11:15 Good Morning Greetings 12:00 Lunch 2:30 Fireside Stories 4:30 Rosary (CH) 5:00 Dinner	<b>13</b> 8:00 Breakfast 10:30 IN2L Fun with NAR's 12:00 Lunch 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's 5:00 Dinner
<b>14</b> 8:00 Breakfast 9:30 Protestant Service (CH) 11:00 Mass (CH) 12:00 Lunch 5:00 Dinner	<b>15</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:30 Daily Chronicles 9:30 Mass (CH) 9:45 Sit & Be Fit 12:00 Lunch 2:30 Song Titles & Covers 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>16</b> 8:00 Breakfast 10:30 Gratitude Calendar 10:45 Balloon Volley 11:15 Good Morning Greetings 12:00 Lunch 1:00 1:1's with Christine 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>17</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:30 Mass (CH) 9:30 Trivia (RH) 10:00 Wednesday Webcam (RH) 12:00 Lunch 1:00 Armchair Travel 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>18</b> 8:00 Breakfast 10:30 Stretch & Flex 11:00 Protestant Service 11:00 Good Morning Greetings 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Trivia Show with Miss Jill (IL DR) 2:45 Happy Hour 4:30 Rosary 5:00 Dinner	<b>19</b> 8:00 Breakfast 9:15 Good Morning Greetings 9:30 Mass (CH) 12:00 Lunch 3:00 Fireside Stories 4:30 Rosary (CH) 5:00 Dinner	<b>20</b> 8:00 Breakfast 10:30 IN2L Fun with NAR's 12:00 Lunch 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's 5:00 Dinner

# July 2024 Care Suites Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b>  <b>10:30</b> Mass (TV 1-3) <b>Communion</b> <b>3:30</b> Afternoon Snacks with NAR's	<b>22</b>  <b>8:00</b> Breakfast <b>9:00</b> Good Morning <b>Greetings</b> <b>9:30</b> Daily Chronicles <b>9:30</b> Mass (CH) <b>9:45</b> Sit & Be Fit <b>12:00</b> Lunch <b>1:00</b> Aqua Painting <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>23</b>  <b>8:00</b> Breakfast <b>10:30</b> Gratitude Calendar <b>10:45</b> Balloon Volley <b>11:15</b> Good Morning <b>Greetings</b> <b>12:00</b> Lunch <b>2:30</b> Cardio Drumming <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>24</b>  <b>8:00</b> Breakfast <b>9:00</b> Good Morning <b>Greetings</b> <b>9:30</b> Mass (CH) <b>9:30</b> Trivia (RH) <b>10:00</b> Wednesday <b>Webcam (RH)</b> <b>12:00</b> Lunch <b>1:45</b> Music with Kristin <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>25</b>  <b>8:00</b> Breakfast <b>9:15</b> Daily Chronicles <b>9:30</b> Stretch & Flex <b>10:00</b> Good Morning <b>Greetings</b> <b>11:00</b> Protestant Service (CH & TV 1-3) <b>12:00</b> Lunch <b>1:00</b> Fitness w/Therapy <b>1:30</b> July Birthday Party w/Jenni Thyng <b>2:45</b> Cake & Coffee <b>4:30</b> Rosary <b>5:00</b> Dinner	<b>26</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Devotions <b>10:45</b> AM Stretch & <b>Kick Ball</b> <b>11:15</b> Good Morning <b>Greetings</b> <b>12:00</b> Lunch <b>2:30</b> 50's & 60's <b>Sing-along</b> <b>4:30</b> Rosary (CH) <b>5:00</b> Dinner	<b>27</b>  <b>8:00</b> Breakfast <b>10:30</b> IN2L Fun with <b>NAR's</b> <b>12:00</b> Lunch <b>1:00</b> Movie Matinee w/NAR's <b>3:00</b> Afternoon Snacks w/NAR's <b>5:00</b> Dinner
<b>28</b>  <b>8:00</b> Breakfast <b>10:30</b> Mass (TV 1-3) <b>Communion</b> <b>12:00</b> Lunch <b>3:30</b> Afternoon Snacks with NAR's <b>5:00</b> Dinner	<b>29</b>  <b>8:00</b> Breakfast <b>9:00</b> Good Morning <b>Greetings</b> <b>9:30</b> Daily Chronicles <b>9:30</b> Mass (CH) <b>9:45</b> Sit & Be Fit <b>12:00</b> Lunch <b>1:00</b> Karaoke w/Jodi <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>30</b>  <b>8:00</b> Breakfast <b>10:30</b> Gratitude Calendar <b>10:45</b> Balloon Volley <b>11:15</b> Good Morning <b>Greetings</b> <b>12:00</b> Lunch <b>1:00</b> Armchair Travel <b>1:00</b> 1:1's with <b>Christine</b> <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>31</b>  <b>8:00</b> Breakfast <b>9:00</b> Good Morning <b>Greetings</b> <b>9:30</b> Mass (CH) <b>9:30</b> Trivia (RH) <b>10:00</b> Wednesday Webcam (RH) <b>12:00</b> Lunch <b>1:00</b> Fun with Clay <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner			
					<p style="text-align: center;"><b>Please note all  activities are subject to  change. Please check  daily calendars located  throughout the  community for changes</b></p>	