



CHAMPLIN PARK HIGH SCHOOL STUDENT RECOGNIZED FOR DEDICATED VOLUNTEER SERVICE TO SAINT THERESE OF OXBOW LAKE

Charlotte Selby recognized for her service to seniors

ST. LOUIS PARK (March 20, 2025) – Each year, LeadingAge Minnesota’s Volunteer of the Year award recognizes an individual whose commitment and dedication enhance the quality of life for seniors and their communities. This year’s [regional award](#) is presented to Charlotte Selby, who volunteers at Saint Therese at Oxbow Lake, a senior living community in Brooklyn Park, Minn. Selby is a senior at Champlin Park High School.

Selby was honored at the LeadingAge Minnesota Stars Among Us awards banquet at the organization’s annual Institute & Expo in February. She was among seven volunteers to earn the honor in the state of Minnesota. She won District G Volunteer of the Year.

Selby began volunteering at Saint Therese when she was a junior in high school. In just over a year, Jamie Schlough, volunteer coordinator, said she made an enormous contribution to the organization’s mission of “doing ordinary things with extraordinary love.” She helped with crafts and activities, cared for the plants around the campus, and called weekly Bingo. She even started a “Gardening with Charlotte” program.

“Charlotte is heading off to college this fall, but the impact that she has had on residents, the friendships she has made, and the kindness she has shared, will be fondly remembered,” Schlough added.

###

About Saint Therese: Minnesota-based Saint Therese was founded in 1964 and prides itself on its rich tradition of providing exceptional care for seniors. It has locations and services in Brooklyn Park, Woodbury, Corcoran, Shoreview (all Minnesota), IHM Senior Living Community in Monroe, Mich., and St. Mary of the Woods in Avon, Ohio. Most communities provide the full continuum of care from independent living, assisted living, memory care, skilled nursing and transitional care. Saint Therese at St. Odilia in Shoreview specializes in hospice and palliative care. Ascend Rehabilitation provides rehabilitation therapy, health and wellness services. Saint Therese is a nonprofit, 501©(3) senior care organization.

About LeadingAge Minnesota: Driven to transform and enhance the experience of aging, LeadingAge Minnesota works alongside its members, caregivers, advocates and consumers to collectively shape the future of aging services and ensure older adults in every community live with dignity, meaning and purpose. Together with more than 60,000 caregivers, LeadingAge Minnesota members provide quality care, services and support to 70,000 older adults every day in independent senior housing, assisted living communities, adult day, in-home care and skilled nursing facilities.

###

MEDIA CONTACT:

Barb Hemberger, 612-669-0381
barbarah@sainttherese.org