

News Release

THREE SAINT THERESE COMMUNITIES RANKED BY NEWSWEEK AND U.S. NEWS & WORLD REPORT AS TOP NURSING HOMES IN 2025

Communities in Brooklyn Park, Minn., Monroe, Mich. and Avon, Ohio recognized

St. Louis Park, Minn. (December 12, 2024) – Saint Therese of Oxbow Lake in Brooklyn Park, Minn., Saint Therese – IHM Senior Living in Monroe, Mich., and Saint Therese – St. Mary of the Woods in Avon, Ohio, were recently named to the list of top nursing homes by national publications.

Saint Therese of Oxbow Lake and Saint Therese – IHM Senior Living made *Newsweek's* list of the top nursing homes in its annual ranking, <u>America's Best Nursing Homes 2025.</u> Conducted in partnership with Statista, a global leader in data and market analysis, the ranking recognizes the top 1,050 nursing homes across the 25 states with the highest number of facilities, according to Centers for Medicare & Medicaid Services data.

Saint Therese of Oxbow Lake ranked 9th in Minnesota in the category of places with 50-99 beds. It was among just 15 nursing homes ranked in Minnesota of that size. Saint Therese – IHM Senior Living ranked 6th in Michigan, also in the category of places with 50-99 beds. It was among just 10 in Michigan of that size.

The Newsweek list was compiled based on an analysis of over 14,000 nursing homes across the 25 states with the highest concentration of facilities. The rankings were decided by evaluating nursing homes across four key pillars, including Performance Data, Peer Recommendations, Accreditations, and Resident Satisfaction based on Google reviews. In the 2025 rankings, new features include an expanded selection of the top nursing homes with 50 to 99 certified beds.

Saint Therese – St. Mary of the Woods made the list for <u>2025 Best Nursing Homes ratings</u> by *U.S. News & World Report*. It achieved a short-term rehabilitation rating of High Performing and a long-term care rating of High Performing.

To calculate the Best Nursing Homes ratings, U.S. News evaluated each nursing home's performance using a variety of quality measures obtained from the Centers for Medicare & Medicaid Services (CMS). The publication's proprietary ratings methodology factored in resident care, safety, outcomes and other aspects of quality – including data on nurse staffing levels, consistency and retention, as well as use of antipsychotic drugs and success in preventing ER visits.

"We are truly honored to be recognized in these prestigious rankings," said Craig Abbott,
President and CEO of Saint Therese. "What makes these distinctions especially meaningful is
that it stems a review of industry healthcare measures. This not only reinforces our credibility
but also reassures both our current and future residents that we remain steadfast in our
commitment to their well-being."

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About Saint Therese: Minnesota-based Saint Therese was founded in 1964 and prides itself on its rich tradition of providing exceptional care for seniors. It has locations and services in Brooklyn Park, Woodbury, Corcoran, Shoreview (all Minnesota), IHM Senior Living Community in Monroe, Mich., and St. Mary of the Woods in Avon, Ohio. Most communities provide the full continuum of care from independent living, assisted living, memory care, skilled nursing and transitional care. Saint Therese at St. Odilia in Shoreview specializes in hospice and palliative care. Ascend Rehabilitation provides rehabilitation therapy, health and wellness services. Saint Therese is a nonprofit, 501(c)(3) senior care organization.

Media Contact:

Barb Hemberger, 612-669-0381 barbarah@sainttherese.org