


# November 2024 Care Suites Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Table Games 11:15 Good Morning Greetings 12:00 Lunch 1:00 Fitness W/AC 2:30 Fireside Stories 4:30 Rosary (CH) 5:00 Dinner	<b>2</b> 8:00 Breakfast 10:30 IN2L Fun with NAR's 12:00 Lunch 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's 5:00 Dinner
<b>3</b> 8:00 Breakfast 10:30 Mass (TV 1-3) Communion 12:00 Lunch 3:30 Afternoon Snacks with NAR's 5:00 Dinner	<b>4</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Daily Chronicles 10:45 Sit & Be Fit 11:15 Good Morning Greetings 12:00 Lunch 1:00 Sing-along 3:00 Fireside stories 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>5</b> 8:00 Breakfast 9:00 Good Morning Greetings 9:15 Our Daily Bread Devotions 9:30 Balloon Volley 10:00 Sing-along with Suzie Q 12:00 Lunch 1:00 Individual Pursuits 2:30 Fitness W/AC 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>6</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Daily Chronicles 10:45 Wednesday Webcam 11:15 Good Morning Greetings 12:00 Lunch 1:00 Fireside Stories 2:30 Balloon Volley 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>7</b> 8:00 Breakfast 9:15 Daily Chronicles 9:30 AM Stretch 10:15 Good Morning Greetings 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Music w/ Thomas & James (IL DR) 2:45 Happy Hour 4:30 Rosary 5:00 Dinner	<b>8</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Table Games 11:15 Good Morning Greetings 12:00 Lunch 1:00 Fitness W/AC 2:30 Fireside Stories 4:30 Rosary (CH) 5:00 Dinner	<b>9</b> 8:00 Breakfast 10:30 IN2L Fun with NAR's 12:00 Lunch 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's 5:00 Dinner
<b>10</b> 8:00 Breakfast 9:30 Protestant Service (CH) 11:00 Mass (CH) 12:00 Lunch 5:00 Dinner	<b>11</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Daily Chronicles 10:45 Sit & Be Fit 11:15 Good Morning Greetings 12:00 Lunch 1:00 Sing-along 3:00 Trivia 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>12</b> 8:00 Breakfast 10:15 Good Morning Greetings 10:30 Our Daily Bread Devotions 10:45 Balloon Volley 12:00 Lunch 1:00 Individual Pursuits 2:30 Fitness W/AC 4:30 Rosary (TV 1-3) 5:00 Dinner	<b>13</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Music with Katherine 11:30 Good Morning Greetings 12:00 Lunch 1:00 Fireside Stories 1:45 Music w/Kristin 2:30 Balloon Volley 4:30 Rosary (TV 1-3)	<b>14</b> 8:00 Breakfast 9:15 Daily Chronicles 9:30 AM Stretch 10:15 Good Morning Greetings 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Music w/ John & Laurel (IL DR) 2:45 Happy Hour 4:30 Rosary	<b>15</b> 8:00 Breakfast 9:30 Mass (CH) 10:30 Table Games 11:15 Good Morning Greetings 12:00 Lunch 1:00 Fitness W/AC 2:30 Fireside Stories 4:30 Rosary (CH) 5:00 Dinner	<b>16</b> 8:00 Breakfast 10:30 IN2L Fun with NAR's 12:00 Lunch 1:00 Movie Matinee w/NAR's 3:00 Afternoon Snacks w/NAR's 5:00 Dinner

# November 2024 Care Suites Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b>  <b>10:30</b> Mass (TV 1-3) <b>Communion</b> <b>3:30</b> Afternoon Snacks with NAR's	<b>18</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Daily Chronicles <b>10:45</b> Sit & Be Fit <b>11:15</b> Good Morning Greetings <b>12:00</b> Lunch <b>1:00</b> Sing-along <b>3:00</b> Aqua Painting <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>19</b>  <b>8:00</b> Breakfast <b>9:00</b> Good Morning Greetings <b>9:15</b> Our Daily Bread Devotions <b>9:30</b> Balloon Volley <b>10:00</b> Sing-along with Suzie Q <b>12:00</b> Lunch <b>1:00</b> Travelogue <b>2:30</b> Fitness W/AC <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>20</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Daily Chronicles <b>10:45</b> Wednesday Webcam <b>11:15</b> Good Morning Greetings <b>12:00</b> Lunch <b>1:00</b> Fireside Stories <b>2:30</b> Balloon Volley <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>21</b>  <b>8:00</b> Breakfast <b>9:15</b> Daily Chronicles <b>9:30</b> AM Stretch <b>10:15</b> Good Morning Greetings <b>11:00</b> Protestant Service (CH & TV 1-3) <b>12:00</b> Lunch <b>1:00</b> Fitness w/Therapy <b>1:30</b> Music w/ Resistor's Duo (IL DR) <b>2:45</b> Cake & Coffee <b>4:30</b> Rosary <b>5:00</b> Dinner	<b>22</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Table Games <b>11:15</b> Good Morning Greetings <b>12:00</b> Lunch <b>1:00</b> Fitness W/AC <b>2:30</b> Fireside Stories <b>4:30</b> Rosary (CH) <b>5:00</b> Dinner	<b>23</b>  <b>8:00</b> Breakfast <b>10:30</b> IN2L Fun with NAR's <b>12:00</b> Lunch <b>1:00</b> Movie Matinee w/NAR's <b>3:00</b> Afternoon Snacks w/NAR's <b>5:00</b> Dinner
<b>24</b>  <b>8:00</b> Breakfast <b>10:30</b> Mass (TV 1-3) <b>Communion</b> <b>12:00</b> Lunch <b>3:30</b> Afternoon Snacks with NAR's <b>5:00</b> Dinner	<b>25</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Daily Chronicles <b>10:45</b> Sit & Be Fit <b>11:15</b> Good Morning Greetings <b>12:00</b> Lunch <b>1:00</b> Sing-along <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>26</b>  <b>8:00</b> Breakfast <b>9:00</b> Good Morning Greetings <b>9:15</b> Our Daily Bread Devotions <b>9:30</b> Balloon Volley <b>10:00</b> Sing-along with Suzie Q <b>12:00</b> Lunch <b>1:00</b> Travelogue <b>2:30</b> Cardio Drumming <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>27</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Daily Chronicles <b>10:45</b> Wednesday Webcam <b>11:15</b> Good Morning Greetings <b>12:00</b> Lunch <b>1:00</b> Fireside Stories <b>2:30</b> Balloon Volley <b>4:30</b> Rosary (TV 1-3) <b>5:00</b> Dinner	<b>28</b>  	<b>29</b>  <b>8:00</b> Breakfast <b>9:30</b> Mass (CH) <b>10:30</b> Table Games <b>11:15</b> Good Morning Greetings <b>12:00</b> Lunch <b>1:00</b> Fitness W/AC <b>2:30</b> Fireside Stories <b>4:30</b> Rosary (CH) <b>5:00</b> Dinner	<b>30</b>  <b>8:00</b> Breakfast <b>10:30</b> IN2L Fun with NAR's <b>12:00</b> Lunch <b>1:00</b> Movie Matinee w/NAR's <b>3:00</b> Afternoon Snacks w/NAR's <b>5:00</b> Dinner
		<u>Program Locations</u> (CH) Chapel (IL DR) IL Dining Room (TV 1-3) TV Channel 1-3			Please note all activities are subject to change. Please check daily calendars located throughout the community for changes	